

We chose the name Second Act as a testament to all the women who have told us "Having survived cancer has changed the way I approach my life every day". That is why we created Second Act to be a special place where individuals touched by cancer can find the help and inspiration to look forward to the next act of their lives.

*Having just had my second mastectomy I found Pattie to be a most caring person, who took the time to fit me properly. It is wonderful to have someone in Chicago and not have to travel to the suburbs like the first time. **Karen***

At Second Act we are committed to helping women who have faced a life threatening illness and successfully moved beyond it.

*I highly recommend Second Act. Pattie never lost her patience as I tried on multiple different wigs, in a private room, until I selected one that my friends say takes 10 years off my age. I may never go back to my old hair style. **Joyce***

We take seriously our responsibility to help our clients move forward in their new reality whether it is helping them rebuild their self-image or navigate their insurance benefits.

*Second Act made choosing breast forms and bras very easy...almost enjoyable. Pattie's sensitive and caring attitude helped me through what could have been very difficult. They are also very knowledgeable about working with insurance and took the lead to make sure I received my maximum benefits. **Mary***

Let us help you shape your second act.

Let us help you thrive.

Pattie Cagney Sheehan

Pattie Cagney Sheehan, CMF/Owner

Conveniently located in Chicago's Lincoln Park neighborhood at 2768 North Lincoln Avenue, Second Act is easily accessible by CTA or car. The CTA #76/Diversey bus stops at the corner of Lincoln and Diversey, just steps from our door. It also connects directly to the Diversey/Sheffield Brown Line and many north-to-south bus routes. There is also ample street parking on Lincoln Avenue.

2768 North Lincoln Avenue
Chicago, Illinois 60614
pattie@secondactchicago.com
www.secondactchicago.com



A boutique dedicated to
helping cancer survivors
thrive

Post Breast Surgery
Medical and Fashion
Products and Wigs

Please call for your personal
consultation.

2768 North Lincoln Avenue
Chicago, Illinois 60614
773.525.2228

Gift Certificates Available



When my father, Jack, died of pancreatic cancer in 1979 at the age of 55 it was a shock. In February 2005 my mother Tess, age 80, was diagnosed with stage four ovarian cancer. I watched her struggle to maintain her dignity, never losing her sense of self or her sense of humor, and all the while reaching out to others as they "joined the club". When she died in June 2007 I realized what I needed to do for my "second act".

I left a career in advertising and trained to become a Certified Mastectomy Fitter. In 2008 I opened Second Act, the only ABCOP accredited cancer recovery boutique in downtown Chicago, with a full time BOC Certified Mastectomy Fitter on staff. We offer post breast surgery garments including pocketed bras and prostheses, compression sleeves, gauntlets/gloves and bras, as well as wigs, fashion items and accessories in an environment of support and understanding, all under one roof.

Our staff takes additional training every year to stay up-to-date on the latest advances in post breast surgery options. And we are available to speak to your group about post surgery after-care issues including such topics as products, insurance coverage and much more.

Second Act embraces the belief that life is an ongoing creative project and that everyone has the power to envision the life we desire, even after unexpected, sometimes devastating, circumstances. In this spirit Second Act helps individuals facing physical changes retain their self-esteem, regain their self-image and

thrive.



At Second Act we recognize the emotional and physical trauma a person experiences when diagnosed with cancer. We also know the importance of not just surviving but **thriving**. That's why, whether you have been recently diagnosed or have been thriving for many years, we provide the products to help you present your best self.

Post Breast Surgery Products



If you have been recently diagnosed we encourage you to contact us prior to your surgery to learn about the products that will meet your immediate post surgery needs and make the early days of your recovery easier and more comfortable.

Whether you are facing a breast conserving lumpectomy or a mastectomy, with or without reconstruction, our range of fashionable bras will serve your needs. Some even have matching panties.



Our wide selection of prostheses is not just for women with mastectomies. We offer supple, light weight breast forms to replace your breast, balance shapers to accommodate symmetry issues due to a lumpectomy, and adjustable forms to assist during reconstruction. So, in addition to taking special care to make sure your bra is properly fitted, our certified mastectomy fitters will make sure your prosthesis is the right solution for you.

And don't forget the custom prosthesis option. We use state-of-the-art 3D scanning technology to create a prosthesis that is made by hand to fit the curves and shape of your individual chest wall for a personalized, intimate fit.



Fashion Choices Designed Just for You

We know no matter what surgery you have undergone, whether recently or years ago, you want garments that provide comfort and security with flexibility and freedom of movement whether relaxing at home or participating in today's activewear, swimsuits, fashion tops and more are made with built-in bras with pockets to hold your prosthesis.

And post breast surgery bras and prostheses are covered by Medicare and private insurance with a doctor's prescription.



Compression Products for Lymphedema



Whether you have had a mastectomy or lumpectomy, if you have had lymph nodes removed you are at risk for developing lymphedema. And, if you have had radiation treatment your risk is increased. Lymphedema can develop in the arm and/or the hand on the side on which you had your surgery, as well as in the breast and/or chest area. It can occur immediately after surgery or at any time later in life.

In addition to lymphatic massage, treatment for lymphedema includes the wearing of a lymphedema garment. Second Act can fit you for your compression sleeve, gauntlet, glove or bra. A properly fitting garment is critical to the success of your treatment and even, sometimes, can help you avoid the onset of lymphedema. If you have questions or concerns feel free to discuss them with our trained fitter.



Hair Replacement Options



Hair loss from chemotherapy can be a challenging part of your recovery. That's why we encourage you to call us as soon as you learn chemotherapy will be a part of your recovery process. We will schedule an appointment to explain the range of wig choices and what that means to you.

We will help you try on and select the right solution from our extensive inventory of styles and colors. You can take your selection with you that day or special order your individual choice. Delivery is usually within a week.



Second Act proudly features the Raquel Welch™ line of products.

But your options don't stop there. We carry a range of hats, scarves, caps and other fun, colorful fashion choices to lend a sense of style to your look.

While you are making important medical decisions, it is our goal to help you make those personal decisions that will impact your ability to move forward with enthusiasm and self-confidence; in short, to **thrive**.

Gift Certificates Available.

We are a fully accredited DME provider and accept Medicare and many private insurance plans.

Hours are by appointment Monday – Saturday, to give you the individual attention you deserve.

For information call 773.525.2228, fax us at 773.348.2228, visit www.secondactchicago.com, or e-mail pattie@secondactchicago.com.